



Learning it Together

Program Guide 2023-2024

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Week 1: Welcome to LiT!

January 15th to 19th

Questions of the Week

Every week, there will be some questions to ask your buddy to introduce both of you to the weekly theme. This week, since we are getting to know each other, take turns answering the questions!

- *What is your name?*
- *Do you play any sports? What is your favourite sport?*
- *Do you have any brothers or sisters?*

- *What superhero powers would you want to have?*
- *If you could choose any animal to be your pet, what would you choose?*
- *What's your favourite thing about school?*

Math Activity: Math Bingo

In this game, we'll be using our math skills to create some math questions that help explain who we are! You'll soon learn that math is all around us!

Materials

- Use the Whiteboard feature on zoom or use a blank piece of paper and write a math problem for your buddy

Steps:

- Explain to them what they need to win
- Write a math problem for your buddy to win
- Try and make them win.

Level up! Use multiplication or fractions to make it more challenging, do full card

Level down! Quiz your buddy about their answers and have them identify if the number is even or odd. Only do a line.

Literacy and Physical Activity: Scavenger Hunt!

In this game, we'll be doing a scavenger hunt! Try to find all the items on the list without leaving the room you're in. When you're done, answer the questions about your items!

Materials

- Timer (maybe)

Steps

- Go through the list of items on the slide and find as many of them as you can without leaving the room
- When you're done, show me and tell me a memory you have with the item

Level up! Give your buddy a time limit to find the items!

Level down! Tell them to just find 1 item!

Extra Physical Activity

- There are 2 short videos that are similar to JustDance

- Play the video and let your buddy jump around and you can follow along too!

Scrapbook

Materials: Scrapbook, markers

Instructions:

- Explain what the scrapbook is.
- Tell them what they need to draw, write, and ask

Level up! Tell them to write full sentences or ask 3 questions

Level down! Let them draw all of their answers or say some aloud.

Extra worksheets

1. **Easy to moderate:** All about me worksheet: *find it in your supply box!* 2.

Moderate to Difficult: How to be a great friend wordsearch: *find it in your supply box!*



Week 2: Canada & Beyond

January 22nd to 26th

Questions of the week:

- *What are your favourite places in Canada and why?*
- *Canada has two official languages, do you know what they are?*
- *Do you speak any other languages?*
- *Have you ever traveled outside of Canada? Where?*
- *What are some words that come to mind when you think of Canada?*
- *How many continents are there in the world?*

Physical Activity and Literacy: Naming the provinces and moving!

Canada is a big country as we have 10 provinces and 3 territories! Canada is a beautiful country because we have the Rocky Mountains, the Great Lakes, beautiful forests with different types of trees, Niagara Falls, and more! Do you know any other places or what else Canada is well-known for? This activity will allow you to learn more about your country and where you live!

In this activity you will introduce the 10 provinces of Canada by going on a virtual trip around Canada. This activity will also include physical activity to go with each province. While you go through the slides, make sure to point out the highlighted area on the map and you can throw in fun facts about the provinces!

Level down!: If your buddy feels overwhelmed reading the slides, you can read the slides to them

Level up!: If your buddy has finished and wants to test themselves, here are links to virtual maps that you can label together! (also linked on the slides)

<https://www.sporcle.com/games/g/caprovinces> (to remember names of provinces and territories)

<https://www.sporcle.com/games/teedslaststand/find-can-provs> (to label them on the map)

Math Activity: Around the World Math

The world is separated into seven continents: North America, South America, Europe, Africa, Asia, Australia, and Antarctica.

Materials

- Around the World Math worksheet: *find it in your delivered supplies*
- Markers or other colouring materials: *find it at home!*

Steps

1. Read and follow the instructions on the activity sheet!

Level Up! – use the following link to try the multiplication world map! <https://mrnuusbaum.com/around-the-world-math>

Extra Worksheets:

1. **Easy to moderate:** Short Canada Day word search + Canada matching activity: *find it in your supply box!*
2. **Moderate to difficult:** Longer Canada word search + Medium maze worksheet:



find it in your supply box!

Scrapbook

Turn to the second page of the scrapbook which should be red

- Tell your buddy the prompts on the slide and talk about what they wrote/drew

Week 3: We Love The Environment

January 29th to
February 2nd



Questions of the week:

- *What is your favourite part about nature/the environment?*
- *What is one thing that you do to help protect the environment?*
- *Tell me an activity you do outside*
- *What do we need for a safe and clean Earth?*
- *What is your favourite fruit and/or vegetable? Do you know where they grow from?*

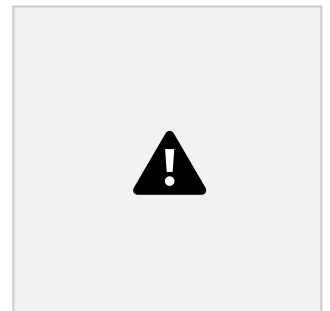
Literacy Activity: Recycle Sorting Game!

Sometimes when we pack our lunch for school, we don't realize how much garbage we create or how some of things we use, such as a plastic water bottle can go into the recycle bin instead. If we continue adding too many things to the garbage, this can be bad for the environment as it can create air pollution, and it can even kill animals in the water as they may eat this trash as food. This is why it is important to learn about the three R's: reduce, reuse, and recycle.

Reduce: Minimize the amount of waste we make.

Reuse: Use items more than once.

Recycle: Using old materials to make new things instead of going into the trash.



This activity will allow you to learn more about the three R's from your mentor and if each of your lunch items should go to garbage, recycling, or compost.

Steps:

1. Learn what each is generally used for

- Sort the items into the bins (you can drag and drop on the screen)

Math Activity: Earth Day Addition and Subtraction!

Every year on April 22nd, the world celebrates Earth Day by picking up litter, planting trees, or doing things that will help protect our planet in the future! Although we still have a few more weeks to this day, you will be able to work on your math skills using some Earth Day related pictures!

Materials:

- Roll-count-colour worksheet: *find it in your supply box!*
- Coloured pencils or markers: *find it at home!*
- Electronic dice (2): <https://www.calculator.net/dice-roller.html>



Steps:

1. Your mentor will share their screen with you, showing the two dice and they will roll the dice for you!
2. Once your mentor rolls the two dice, add the two numbers together and see if you can find the answer on your worksheet. If yes, colour it in.
3. The next time your mentor rolls the dice, instead of adding, subtract the two numbers together and see if you can find the answer on your worksheet. If yes, colour it in.
4. Continue this activity until you have coloured all the pictures in!

Level down!: If the addition or subtraction is a bit difficult, mentors can roll only one dice and try drawing the pictures based on the number that comes up. For example, if your mentor rolls the number 2, draw 2 flowers on a piece of paper! OR Mentors can use the draw function and help out with the addition or subtraction questions by drawing it out!

Level up!: Instead of adding or subtracting the numbers, try multiplying the two numbers that appear on the dice and see if you can find the answer on your worksheet. If yes, colour it in!

Physical Activity:

In this activity we will be playing charades. Explain to your buddy how charades works. One person acts out a movement without saying anything and they have to guess what you are doing. Then you switch turns!

Go until your buddy feels they would like to move on

Level Up: Put a timer on

Level Down: Use words to help describe.

Extra Physical Activity: a 5 minute easy kids workout video!

Scrapbook

Turn to the third page of the scrapbook which should be green

- Tell your buddy the prompts on the slide and talk about what they wrote/drew

Extra Worksheets:

1. **Easy to moderate:** Earth Day word search: *find it in your supply box!*
 2. **Moderate to difficult:** Environment crossword puzzle: *find it in your supply box!*
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Week 4: All About Love

February 5th to 9th



Questions of the week:

- *Do you celebrate Valentine's Day? How do you celebrate?*
- *What is your favourite treat to eat for Valentine's Day?*
- *What is something that made you smile today and/or feel loved?*
- *Who is someone you love?*

Literacy Activity: Valentine Poems

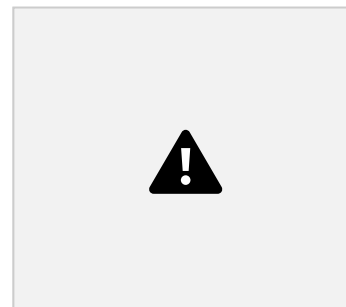
A poem is a style of writing, where you can share ideas, emotions, or a story in a creative way! There are so many ways you can write a poem, and you will get to write an acrostic poem today describing yourself, with the help of your mentor!

Materials:

- Paper: *find it in your supply box!*
- Pen/pencil or marker: *find it at home!*

Steps:

1. Write out the letters of your name on a piece of construction paper vertically. Ask help from your mentor if needed!



2. For each letter, write a positive attribute about yourself using a word that begins with that letter. Try writing in full sentences.
3. Once you have completed, you can decorate the sheet of paper however you like!

Level down!: Do not worry about writing your name vertically. Simply just write some full sentences about some of your positive attributes and why!

Level up!: Write a three line poem where the last word of each sentence rhymes with each other!

Mathematics Activity: Valentine's day word problems

Word problems are an important skill and so is learning how to count money. In these word problems you will go through the case and help your buddy solve them. If you would like, you can also teach them a problem solving method such as writing down given information and then figuring out what is required. You can also review dollars and cents with them if they do not know already. Each word problem gets progressively harder so don't worry if your buddy can't get through them all!

Physical Activity

- Talk about how the heart is an important muscle that needs to be strong and healthy for love and health!
- There is a board with different workouts on it: roll a virtual dice and move your cursor to that position for the buddy to read and then do the workout.
- **Extra:** 7 minute valentines day workout video

Scrapbook

Turn to the fourth page of the scrapbook which should be pink

- Tell your buddy the prompts on the slide and talk about what they wrote/drew

Extra Worksheets:

Easy: Valentine's Day graphing worksheet: *find it in your supply box!*

Easy to moderate: Valentine's word search: *find it in your supply box!*

Moderate to difficult: Valentine's day word scramble worksheet: *find it in your supply box!*

Week 5: Taking Care of
You
February 12th to 16th



Questions of the week:

- *What do you do to make sure you are healthy and active on a daily basis?*
- *Who makes you feel safe*
- *What do you do to keep your mind happy?*
- *Have you ever done something that has helped someone to feel safe?*
- *What do you want to be when you grow up and how will that job keep people healthy and/or safe?*

Safety Signs Activity

You can draw lines together on the screen connecting the signs with their meanings! Make sure once you have matched to explain the importance of each sign. At the end you can ask if they know of any other important safety signs.

Time to Learn Hygiene!

There are 8 different things surrounding hygiene- ask your buddy to spell out the thing for you to write and then act out what they would do with the item!

Level up: Take away the word bank.

Level down: Spell it out with your buddy and just have them act it out.

Physical activity challenge

Read the 4 challenges and help your buddy come up with ideas for safety and keeping healthy!

Extra: 4 minute left and right dance exercise workout.

Math Activity: Fire Safety Tally Graph

As you might have seen from the previous activity, firefighters are very important to our community because they rescue us from many dangerous situations. For example, they put out fires, get you out if you are trapped somewhere, rescue animals, and do a lot more. You can say firefighters are heroes to our society! This activity will get you to practice your graphing skills using images related to fire safety!

Materials:

- Find, Tally, and Graph worksheet: *find it in your supply box!*

- Pencil or pen: *find it at home!*
- Coloured pencil or marker: *find it at home!*

Steps:

1. Look at each object and count how many of them are found in the box at the top of the worksheet. Then use tally marks to represent this number.
2. After you fill in the tally chart, colour in the same numbers ,using the boxes on the right side graph, using a colour pencil or marker. Do you know what type of graph this is?
3. After completing your graph, tell your mentor which object has the most images and which object has the least images in the box.

Level down!: If your buddy does not know how to make a tally chart, just get them to write down the number of each image in the correct boxes!

Level up!: When your buddy has completed their bar graph, ask them the differences between each object (i.e how many more buses are there than the hat) and you can also ask them some additional math questions as well (i.e how many firefighters and fire hydrants are there altogether?)!

!

Scrapbook

Turn to the fifth page of the scrapbook which should be purple

- Tell your buddy the prompts on the slide and talk about what they wrote/drew

Extra Worksheets:

Easy: Doctors and dentists word search worksheet: *find it in your supply box!*

Easy to moderate: Walking wise crossword worksheet: *find it in your supply box!*

Moderate to difficult: Puzzle play worksheet: *find it in your supply box!*

Additional resources on website: Interactive module on cybersafety for kids!

https://www.abcya.com/games/cyber_five_internet_safety

Week 6: Holidays Around the World

February 26th to March 1st

Questions of the week

- *What is your favourite holiday to celebrate and why?*
- *Why is it important to respect different cultures?*
- *Can you name one holiday that you do not celebrate?*

Math Activity: Christmas Colour by Code

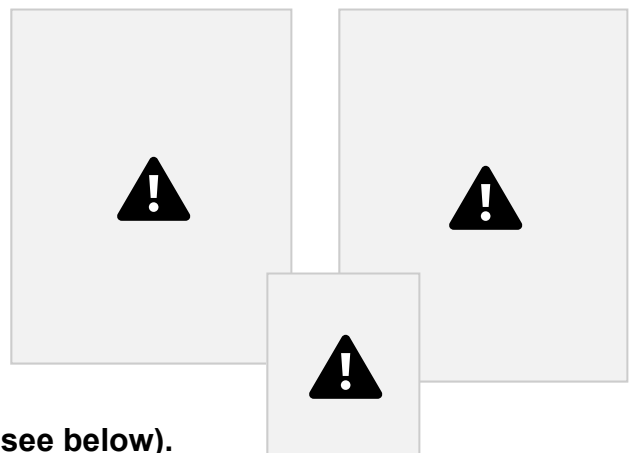
In some religions such as Christianity, Christmas is celebrated in December. Part of this celebration often includes exchanging gifts, like the Three Wise Men gave to Jesus when he was born. Giving gifts is seen as a way to show love and appreciation to your friends and family during this celebratory time. This math activity will guide you as you colour in a Christmas-themed picture!

Materials:

- **Colour by number worksheet:** *Find it in your supply box!*
- **Colouring pencils or markers:**
Find it at home!

Steps:

1. **Pick the worksheet based on grade level (see below).**
2. **Do the equation in each section.**
3. **Colour in the section according to the answer.**



Easier: Colourful Christmas Gifts

Harder: A Sleigh of Sums

Physical Activity

- Choose one of the workouts depending on what holidays they celebrate.
- Follow the worksheet
- **Extra:** One holiday, one christmas video workout

Scrapbook

Turn to the sixth page of the scrapbook which should be yellow

- Tell your buddy the prompts on the slide and talk about what they wrote/drew

Extra Worksheets

1. **Easy to Moderate:** Thanksgiving word search: *find it in your supply box!* ([5 Best Thanksgiving Printable Word Searches 2nd Grade - printablee.com](#))
2. **Moderate to Difficult:** Hanukkah word search: *find it in your supply box!* ([Hanukkah Word Search \(activityvillage.co.uk\)](#))

Week 7: Animals Around US!

March 4th to 8th

Questions of the week:

- *What is your favourite animal and why?*
- *Do you have any pets at home? If not, if you could choose any pet what would it be?*
- *Have you ever been to a farm? What animals did you see?*
- *Would you rather be able to breathe underwater like a fish or fly like a bird?*

Reading activity: Animal Guessing Game

There are so many different types of animals on our planet. Like us, each type of animal has its own skills and abilities that make them unique! Can you guess them? Play this game to find out!

Materials:

- Guessing game worksheet

Steps

- Take turns reading the description/fun fact of each animal and have the other player guess what animal they think it is.

Level up! Have the child make up their own prompts to describe animals, the mentor has to guess. Try including more difficult hints!

Level down! incorporate sound effects and actions to help the buddy guess

Math activity: **Guess** the pattern

Follow the patterns on the slide.
Left side is easier, right side is harder

Level Up: hide the possibilities on worksheet 1

Physical Activity

Go down the alphabet and act out the activities of each animal

Level up: Come up with animals yourself

Level down: only spell a word

Extra: Video with instructions for guessing an animal

Scrapbook

Turn to the seventh page of the scrapbook which should be orange
- Tell your buddy the prompts on the slide and talk about what they wrote/drew

Extra Worksheets

1. **Easy to Moderate:** Ocean animal word search: *find it in your supply box!*
2. **Moderate to Difficult:** Farm animal crossword: *find it in your supply box!*

Week 8: **Until we meet again**

March 19th to 23rd

Campfire questions

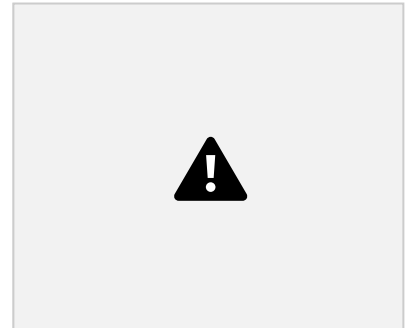
- *What do you want to be when you grow up?*
- *What is your favourite subject in school?*
- *What was your favourite game at LiT?*
- *What was one thing you learned at LiT?*
- *Will you do LiT next year?*

Math Activity: Math Moves

Let's do some fun physical activities while we practice our math skills!

Steps:

- Children answer math questions
 - The numerical answer corresponds to an activity or dance they must do (i.e. jumping jacks, the chicken dance, a bunny hop, bear crawl, etc.)



Level up! try multiplication instead of addition and subtraction

Level down! Model the math problems by counting fingers to help your buddy if necessary

Math Activity: Colour Code

Small space alternative

This activity will help us practice our math skills while doing some colouring!

Materials

- Colouring materials: *find it at home!*
- Colour code worksheets: *find it in your delivered materials!*



Steps

- Pick a worksheet to do with your buddy. The flower is slightly easier while the addition and subtraction sheet should be selected for a child who is up for a challenge!
- Mentors will assist their partners in solving the math problems first. • Once the problems have been solved, let the children colour in the sheet according to the legend.

Level up! Complete the addition and subtraction worksheet

Level down! Complete the flower worksheet

Scrapbook

Turn to the eight page of the scrapbook which should be dark blue

- Tell your buddy the prompts on the slide and talk about what they wrote/drew

Extra Worksheets

1. **Easy to moderate:** Summer word search: *find it in your supply box!*
2. **Moderate to Difficult:** At the beach crossword: *find it in your supply box!*